**INDIVIDUAL CARE PLAN**

[Organisation Name]

**PERSONAL INFORMATION**

|  |  |
| --- | --- |
| **Full Name:** | [Resident's Full Name] |
| **Preferred Name:** | [How they like to be called] |
| **Date of Birth:** | [DD/MM/YYYY] |
| **NHS Number:** | [NHS Number] |
| **GP Name:** | [GP Name] |
| **GP Contact:** | [Surgery Name, Phone Number] |
| **Date of Admission:** | [DD/MM/YYYY] |
| **Room Number:** | [Room] |

**EMERGENCY CONTACTS**

|  |  |
| --- | --- |
| **Primary Contact:** | [Name, Relationship] |
| **Phone:** | [Phone Number] |
| **Secondary Contact:** | [Name, Relationship] |
| **Phone:** | [Phone Number] |

**MEDICAL CONDITIONS & DIAGNOSES**

|  |  |  |
| --- | --- | --- |
| **Condition** | **Date Diagnosed** | **Treatment/Management** |
| [Condition 1] | [Date] | [Treatment details] |
| [Condition 2] | [Date] | [Treatment details] |

**⚠️ ALLERGIES & ALERTS**

|  |  |
| --- | --- |
| **Known Allergies:** | [List all known allergies] |
| **Alerts:** | [DNACPR status, special alerts] |

**CARE NEEDS ASSESSMENT**

|  |  |  |
| --- | --- | --- |
| **Area of Need** | **Level** | **Support Required** |
| Personal Care | [Independent/Prompting/Assistance/Full Support] | [Specific support details] |
| Mobility | [Level] | [Equipment needed, support level] |
| Nutrition & Hydration | [Level] | [Diet type, assistance needed] |
| Communication | [Level] | [Communication methods, aids] |
| Cognitive/Mental Health | [Level] | [Support strategies] |

**PERSONAL PREFERENCES & ROUTINES**

|  |  |
| --- | --- |
| **Morning Routine:** | [Preferred wake time, routine details] |
| **Evening Routine:** | [Preferred bedtime, routine details] |
| **Food Preferences:** | [Likes, dislikes, cultural/religious requirements] |
| **Interests & Hobbies:** | [Activities they enjoy] |
| **Important to Me:** | [What matters most to this person] |

**REVIEW & SIGNATURES**

|  |  |
| --- | --- |
| **Care Plan Created By:** | [Name, Role, Date] |
| **Resident/Representative:** | [Signature, Date] |
| **Next Review Date:** | [DD/MM/YYYY] |

*Template by Ayoolumi Melehon | ayofemimelehon.com*